

Banana Jam

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Ingredients:

2 ½ lb of peeled bananas.
2 ½ lb of sugar.
8 ounces of pineapple juice.
Juice of 2 lemons.

Preparation:

Place half (1 ¼ lb) of the peeled bananas in a large saucepan and mash with a potato masher.

Slice up the other half of bananas, and add them to the pan.

Stir in the juice of the lemons and the 8 oz of pineapple juice.

Add the sugar and heat on a low setting until the sugar has dissolved.

Bring to the boil for about 3 minutes; then allow to cool.

Pour into a jam jar or other suitable container.

Cover and seal.