

# Barbecue Bananas

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## Ingredients:

1 banana per person, unpeeled.  
Single cream.  
Brown sugar.

## Preparation:

1. Put the bananas on the grid close to the heat.
2. Cook them until the side on the grid is black, turn over and cook again on the other side. This should be about 10 minutes a side.
3. When the skins are thoroughly black, put one on each plate and cut open gently so you have skin full of banana.
4. Sprinkle the brown sugar along the top and pour a little cream over.